

October 29, 2007

Dear Friends:

Toni and I went to Omaha for the Lauritzen wedding. I took a chartered jet with my caregiver, Ron, and met Toni in Omaha since she flew in from New York. The three of us came home together on Sunday.

I enjoyed visiting with many of my close friends including Jan Strauss, Barbara Rips, and Bob Daugherty. The good news I have to share is that I went home to Omaha, saw people I love and they helped my continued goal for myself to stay strong and work for PSP research.

I went to four movies this past week and have also been keeping watch on the devastating California fires. They don't want me outside due to the smoke and bad air levels.

Joel Osteen's latest book, *Your Best Life Now*, I highly recommend to all of you. As a result of listening to his new book, I have a new motto which I say out loud ... "I am getting better every day in every way!"

Take care ... let me hear from you all when you have a few minutes.

All my best.

Chuck