

June 16, 2006

Dear Friends:

We did it! Two weeks in New York - raised over \$1,000,000 at our dinner, and on June 8th, I turned 70 years old!

We're now back in Idaho. I've gotten into a great exercise routine - riding my bike 6 miles, or more often 12 miles, a day. My high is 18 miles! I have a trainer in Ketchum that I work with 2 to 3 times a week! That's all good news.

On the bad news side, we had some flooding in Idaho. It only affected the landscaping. It didn't reach any of the houses (a blessing). We are playing golf - had the first men's day yesterday - only played 9 holes - too cold with some rain. The high yesterday was 65°. We had a fire in the fireplace as I listen to books on tape. So far this year, I have read 48 books.

For those interested in golf, we are having a PSP fundraiser at the Valley Club on September 18th. We have a dinner at the Club on the 17th as well as some room set aside at the lodge. More information will be available as we continue with the planning process.

My eyesight continues to be a big problem! Dr Golbe has me on a new pill - Azilect - 1 mg a day. Too soon to really tell; however, my swallowing seems improved. I have also increased my level of Co-Q-10 to 2400 mg a day from 1200 mg. Overall, I feel good, which can be the result of being in Idaho, more exercise and sleep and better eating which could be affecting the results more than the medications.

Once again, for all who participated in the New York dinner, either in person or financially, Toni and I will never be able to thank you enough (nor will the future benefactors from the research that we now will be able to sponsor).

Toni joins me in sending our love and appreciation to each of you.

All my best.

Chuck