

August 21, 2006

Dear Friends:

Fall is almost here – we have had morning temperatures as low as 42° already. Most of our time currently has been spent working on the Valley Club golf event to raise money for PSP. It is being held on September 18th, with a dinner at the Club the night before! More work than we realized!

In the meantime, I continue to exercise – biking most every day anywhere from 30 miles (a trip to Ketchum) to 6 miles just to limber up before golf. Every day, I work out on the Ab Lounge. My waist is down 2" as a result. Also, two days a week with a trainer as well as massage once a week. I take a nap every afternoon. Now all I need is to be able to see, which would be good.

This week, I start a treatment for my throat. Keep your fingers crossed. It involves electrical stimulation of the throat. Hopefully, it will work – it takes 5 days to complete.

We will meet the Schorrs in Pebble Beach in October and then return to the desert in November. In the meantime, all is well here.

Toni joins me in wishing you the best!

Chuck