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October 7, 2005

Dear Friends:

Tomorrow, I start a trip east. My first stop is Tulsa ... to attend the funeral of Ray Siegfried, a good friend from Eldorado who waged a very long and brave battle against ALS. He is the second friend I lost recently. The other was Jim Agnew in Sun Valley, who passed away from pancreatic cancer (copy of letter from Jim attached).

On Monday, Mark Peebler (who is traveling with me) and I will go on to New York (Toni and I feel it best that I have someone with me at all times.) I'm delighted that Mark is able to make this trip with me. Toni must stay in Indian Wells and continue her recovery from knee surgery (she just got home three days ago and has six weeks of therapy ahead of her.)

I'm doing about the same. As you may be aware, I was testing the effects of Lithium on PSP. In my case, after taking 300 mg twice a day, it made me very sleepy and out of it. I couldn't concentrate or read much. All I want to do was sleep – and I did sleep well. I was afraid that my PSP had entered a new level. The doctor suggested I stop the Lithium for a week and see what happens. I can report that two days later, I was not sleeping as well, but I can read again and my mind is working again. I'm swimming every day and most days I spend at least 30 minutes on a stationary bike.

I have a very busy schedule in New York, including a Board meeting of the Peebler PSP Research Foundation, which is the real reason for my trip to New York. (I will write again on my return.)

In other news, we did return to Idaho once I recovered from my bout with pneumonia; while there, Toni and I renewed our vows (25 years!) and closed up the house. Eric didn't work out and we had to let him go. We now have Abraham, who appears to be terrific!

All for now ... except to say how much we appreciate your friendship and support.

All my best.

Yours sincerely,

Charles D. Peebler, Jr.

CDP/wmk

Att.